

JESUS + NOTHING
STUDY GUIDE

Week 1 – July 5, 2026 – Glory to God
Main Scripture – Galatians 1:1–5

Big Idea: For God's glory, our sins are forgiven by Jesus' sacrifice!

1. Let's Say Hello!

Say: Good morning! I am so excited to be with you today! How was everyone's week? (verbal answers, thumbs up/down). We are starting to study a new book of the Bible called Galatians. Has anyone read Galatians before? (thumbs up/down, yes/no)

Paul is the author of Galatians! When we are reading from the book of Galatians today, we will be focusing on God's glory! For God's glory, our sins are forgiven by Jesus' sacrifice.

---

2. Let's Read the Verse! (Bible Time)

Say: Let's read our Bible together. We will be reading Galatians 1:1–5.

Paul, an apostle—sent not from men nor by a man, but by Jesus Christ and God the Father, who raised him from the dead— 2 and all the brothers and sisters[a] with me,

To the churches in Galatia:

3 Grace and peace to you from God our Father and the Lord Jesus Christ, 4 who gave himself for our sins to rescue us from the present evil age, according to the will of our God and Father, 5 to whom be glory for ever and ever. Amen.

3. Let's Learn the Big Idea!

Say: Let's go over our Big Idea together!

Big Idea: "For God's glory, our sins are forgiven by Jesus' sacrifice".

What this means is that through what Jesus did on the cross for us, dying for our sins, we can be forgiven. This work on the cross brings God all the glory. He is an amazing God!

Teach in 3 simple lines (repeat together several times) :

1. For God's glory
2. Our sins are forgiven
3. By Jesus' sacrifice

---

4. Let's Sign the Verse! (Teach Simple Signs)

Say: From our Bible passage today, we will practice a key part of the scripture.

"God the glory for ever and ever"

Let's say this together with motions to help up remember God's glory is forever!

God– point up
the glory– open both hands and sweep up
Forever and ever– closed fist in making circle motions

(do multiple times)

Great job! We can remember that what Jesus did on the cross forgave us from our sins and brought God glory!

---

5. Let's Talk About It! (Discussion Questions)

Use Yes/No or Thumbs Up/Down questions:

- Did Jesus give his life for all of our sins?
- Does Jesus forgive us for our sins?
- If we believe in Jesus and choose to follow Him, can we be a part of God's family?
- Do we need to earn God's love?

---

6. Let's Make a Craft!

Supplies:

- crown outline OR draw a crown
- markers or crayons
- stickers

Decorate crown.

Do you see this crown? When I see a crown, think of someone really fancy or really powerful. When we are decorating this crown together with markers, crayons, or stickers, I want you to remember that God gets the glory forever and ever! He is an awesome God and deserves all the glory!

---

7. Let's Pray Together!

Ask if anyone has any prayer requests.

Jesus thank you for today. Thank you for this wonderful group of people. I pray that this week, we are reminded of the gift of your love. Thank you for forgiving us of our sins. You deserve all the honor and glory. Amen.

---

8. Next Step

It was amazing starting our study of Galatians with you! This week, I hope you remember that Jesus loves you! Try and share that with someone in your life this week!



Week 2: July 12, 2026 – No Other Gospel

Main Scripture – Galatians 1:6–10

Big Idea: There is only one way to be saved: Jesus!

1. Let's Say Hello!

Say: Good morning! I am so happy to see you today! How was everyone's week? (verbal answers, thumbs up/down). We started to study a new book of the Bible called Galatians. Does anyone remember who wrote the book of Galatians? (thumbs up/down, yes/no)

Paul is the author of Galatians! When we are reading from the book of Galatians today, we will be focusing on Jesus being the only one who can save us!

---

2. Let's Read the Verse! (Bible Time)

Say: Let's read our Bible together. We will be reading Galatians 1:6-10.

6 I am astonished that you are so quickly deserting the one who called you to live in the grace
of Christ and are turning to a different gospel— 7 which is really no gospel at all. Evidently some
people are throwing you into confusion and are trying to pervert the gospel of Christ. 8 But
even if we or an angel from heaven should preach a gospel other than the one we preached to
you, let them be under God's curse! 9 As we have already said, so now I say again: If anybody is
preaching to you a gospel other than what you accepted, let them be under God's curse!

10 Am I now trying to win the approval of human beings, or of God? Or am I trying to please
people? If I were still trying to please people, I would not be a servant of Christ.

---

3. Let's Learn the Big Idea!

Big Idea: "There is only one way to be saved: Jesus".

What this means that Jesus is our only Savior. He is the only one that lived a perfect life, died for our sins, and rose from the dead three days later! There is only one Gospel!

Some people were trying to teach a different truth or a different Gospel. Paul was reminding them that Jesus is the only one! Jesus is enough!

Teach in 3 simple lines (repeat together several times) :

1. There is only one
2. Way to be saved:
3. Jesus!

---

4. Let's Sign the Verse! (Teach Simple Signs)

Say: From our Bible passage today, we will practice a key part of the scripture.

"Only one Gospel"

Let's say this together with motions to help up remember there is only one true Gospel, the Gospel of Jesus Christ!

Only one– hold up one finger
Gospel– make a cross with your index fingers or arms

(do multiple times)

Great job! We can remember that there is only one true Gospel!

---

5. Let's Talk About It! (Discussion Questions)

Use Yes/No or Thumbs Up/Down questions:

- Who saves us from our sin? OR Did Jesus save us?
- Can we earn being saved?
- How many true gospels are there?
- Is the gospel for everyone?

6. Let's Make a Craft!

Supplies:

- construction paper
- traced hand outline
- markers/crayons
- stickers

Do you remember who many true Gospels there are?

Yes, there is only one. The Gospel of Jesus!

Today we will trace our hands. After we trace it, we can color it. We need our index finger to look different. You can color it a different color or add stickers on it. Then, we will write "ONE GOSPEL" next to it. This craft will help us remember there is only one true Gospel.

---

7. Let's Pray Together!

Ask if anyone has any prayer requests.

Let's pray together. Jesus thank you for bringing us together today. Thank you for the reminder from Paul that there is only one true Gospel. Jesus, you are more than enough. I pray throughout this week; we are able to remember what is true about who you are. We love you. Amen.

---

8. Next Step

It was amazing continuing our study of Galatians together! This week, I hope you remember that Jesus loves you and He is our Savior! Try and share that with someone in your life this week!



Week 3: July 19, 2026 – Transformative Power

Main Scripture – Galatians 1:11–24

Big Idea: Jesus can change anyone!

1. Let's Say Hello!

Say: Hey everyone! I am so happy to see you today! How was everyone's week? (verbal answers, thumbs up/down). Does anyone remember the book of the Bible we are studying this series? (thumbs up/down, yes/no)

It is Galatians! So far, we have learned from Galatians that there is only one Gospel, the Gospel of Jesus Christ and that the Gospel brings God all the glory. Today, we will read and talk about how Jesus can change anyone's life.

---

2. Let's Read the Verse! (Bible Time)

Say: When we read our Bible today, we will be reading about Paul. Paul made a lot of wrong choices and he even hurt people who followed Jesus. Something amazing happened to Paul. Jesus changed his life! By God's grace, Paul went from hurting those that followed Jesus to teaching people who Jesus is!

Let's read our Bible together. We will be reading Galatians 1:11–24.

[11] I want you to know, brothers and sisters, that the gospel I preached is not of human origin. [12] I did not receive it from any man, nor was I taught it; rather, I received it by revelation from Jesus Christ.[13] For you have heard of my previous way of life in Judaism, how intensely I persecuted the church of God and tried to destroy it. [14] I was advancing in Judaism beyond many of my own age among my people and was extremely zealous for the traditions of my fathers. [15] But when God, who set me apart from my mother's womb and called me by his grace, was pleased [16] to reveal his Son in me so that I might preach him among the Gentiles, my immediate response was not to consult any human being. [17] I did not go up to Jerusalem to see those who were apostles before I was, but I went into Arabia. Later I returned to Damascus.

[18] Then after three years, I went up to Jerusalem to get acquainted with Cephas and stayed with him fifteen days. [19] I saw none of the other apostles—only James, the Lord's brother. [20] I assure you before God that what I am writing you is no lie. [21] Then I went to Syria and Cilicia. [22] I was personally unknown to the churches of Judea that are in Christ. [23] They only heard the report: "The man who formerly persecuted us is now preaching the faith he once tried to destroy." [24] And they praised God because of me.

3. Let's Learn the Big Idea!

Big Idea: "Jesus can change anyone"

What this means is that Jesus has the power to change anyone no matter their past. God loves us, forgives us, and helps us, even when we make mistakes.

Teach in 3 simple lines (repeat together several times) :

1. Jesus
2. Can Change
3. Anyone!

---

4. Let's Sign the Verse! (Teach Simple Signs)

From our Bible passage today, we will practice a key part of the scripture. "called me by his grace"

This piece is so important to us. This reminds us that God calls each one of us into His family. Jesus loves you so much. By His grace, He calls us, forgives us, loves us, and gives us each a unique purpose.

1. **Called**- hands up to mouth like a megaphone
2. **me**- point to yourself
3. **By his**- point up
4. **Grace**- open hands like you are receiving a gift

---

5. Let's Talk About It! (Discussion Questions)

Use Yes/No or Thumbs Up/Down questions:

- Was Paul always sharing the love of Jesus with others?
- Did Jesus change Paul's life and calling?
- Who has the power to change your life?
- Does Jesus forgive us?
- Have you seen God change your life?

6. Let's Make a Craft!

Supplies:

- coffee filters
- markers
- spray bottle
- paper plates
- glue
- Big Idea cards

Do you remember our Big Idea today? Yes, that Jesus can change anyone. Today we will be doing a craft that shows us an idea on how Jesus can change us and our hearts. Even when we make mistakes, because of

His grace and love, He calls us and can change our life! First thing we will need to do is glue our Big Idea to the center of the coffee filter. Then, color these coffee filters. You can scribble, do a pattern, just add some color to the filters! When you are done coloring them, we will spray them with water to see how it transforms and changes!

*Before you start, have the filters on a paper plate. They may not dry in time to bring home so the plate will help carry it out of church!

---

7. Let's Pray Together!

Ask if anyone has any prayer requests.

Let's pray together. Dear Jesus, thank you for bringing us together today. Thank you for loving us, forgiving us, and thank you that no one is too far from your grace. Help us to remember you can change lives, just like you changed Paul. Amen.

---

8. Next Step

It was amazing continuing our study of Galatians together! This week, I hope you remember that everyone has a story and everyone makes mistakes. Jesus can change lives. He loves us, forgives us, and helps us. Remind yourself of that truth this week and try to share with a friend!



Week 4: July 26, 2026 – Preserve the Truth

Main Scripture – Galatians 2:1–5

Big Idea: The Gospel is meant to be shared.

1. Let's Say Hello!

Say: Hey everyone! ! I am so happy to see you today! How was everyone's week? (verbal answers, thumbs up/down). Does anyone remember the book of the Bible we are studying this series? (thumbs up/down, yes/no) It is Galatians!

Today we will be reading and talking about how the Gospel is meant to be shared with everyone.

---

2. Let's Read the Verse! (Bible Time)

When we read our Bible today, we will be reading about Paul. Paul went to meet with other church leaders. Some of these leaders were teaching things that were not true. These leaders were saying things about the Gospel that were wrong or false. Paul wanted to protect the truth of the Gospel. Paul wanted to make sure people heard the one true Gospel that comes from Jesus.

Let's read our Bible together. We will be reading Galatians 2:1–5.

2 Then after fourteen years, I went up again to Jerusalem, this time with Barnabas. I took Titus
along also. 2 I went in response to a revelation and, meeting privately with those esteemed
as leaders, I presented to them the gospel that I preach among the Gentiles. I wanted to be
sure I was not running and had not been running my race in vain. 3 Yet not even Titus, who was
with me, was compelled to be circumcised, even though he was a Greek. 4 This matter arose
because some false believers had infiltrated our ranks to spy on the freedom we have in Christ
Jesus and to make us slaves. 5 We did not give in to them for a moment, so that the truth of the
gospel might be preserved for you.

---

3. Let's Learn the Big Idea!

Big Idea: "the Gospel is meant to be shared"

What this means is that we are meant to share the Gospel, or the Good News with other people! The Good News is that Jesus loves us, died for our sins, and rose again. We want people to know and hear this true message about Jesus!

Teach in 3 simple lines (repeat together several times) :

1. The Gospel
2. Is meant
3. To be shared

---

4. Let's Sign the Verse! (Teach Simple Signs)

From our Bible passage today, we will practice a key part of the scripture.

"we did not give in, so the truth of the Gospel would remain" from verse 5

This piece is so important to us. This reminds us that we must remember and stand up for the true Gospel of Jesus! We need to share the Good News and make sure all know the truth!

1. **We–** point around the group/room
2. **Did not give in–** cross arms to make an "x"
3. **So the truth–** point up
4. **Of the Gospel–** open hands like you are receiving a gift
5. **Would remain–** fist into open hand like a hammer

---

5. Let's Talk About It! (Discussion Questions)

Use Yes/No or Thumbs Up/Down questions:

- What message was Paul protecting? (the gospel)
- Was Paul trying to protect the truth?
- Is the Gospel about Jesus?
- Can we share the Gospel with others?
- Is the truth important?
- Who told you about Jesus/Good News/Gospel?

6. Let's Make a Craft!

Supplies:

- coloring sheet
- markers
- stickers

Let's do a craft together! Do you remember our Big Idea today? Yes, that the Gospel is meant to be shared! Does anyone know what this is called?

Yes, a megaphone! It says the Gospel is meant to be shared. When you see this, it can remind you to share the Good News with others! Let's decorate the megaphone!

---

7. Let's Pray Together!

Ask if anyone has any prayer requests.

Let's pray together. Dear Jesus, thank you for bringing us together today. Thank you for each person in this room. Thank you for helping us know what is true. Help us stand strong in sharing Your love and the Gospel. Amen.

---

8. Next Step

It was amazing continuing our study of Galatians together! This week, I hope you can find a time to share with someone in your life that Jesus loves them so much, died for their sins, and rose again!



Week 5: August 2, 2026 – Freedom for All

Main Scripture – Galatians 2:6–10

Big Idea: All means all!

1. Let's Say Hello!

Say: Hey everyone! I am so happy to see you today! How was everyone's week? (verbal answers, thumbs up/down). Does anyone remember the book of the Bible we are studying this series? (thumbs up/down, yes/no) It is Galatians!

Today we will be reading and talking about how God wants all people to be saved.

---

2. Let's Read the Verse! (Bible Time)

When we read our Bible today, we will be reading about how the Gospel is for all people. God loves all people. Jesus came and did the work on the cross for boys, girls, men, women, different countries, different languages, and different abilities. God loves all and wants everyone to know Him and be apart of His family!

Let's read our Bible together. We will be reading Galatians 2:6–10.

6 As for those who were held in high esteem—whatever they were makes no difference to me; God does not show favoritism—they added nothing to my message. 7 On the contrary, they recognized that I had been entrusted with the task of preaching the gospel to the uncircumcised, just as Peter had been to the circumcised. 8 For God, who was at work in Peter as an apostle to the circumcised, was also at work in me as an apostle to the Gentiles. 9 James, Cephas and John, those esteemed as pillars, gave me and Barnabas the right hand of fellowship when they recognized the grace given to me. They agreed that we should go to the Gentiles, and they to the circumcised. 10 All they asked was that we should continue to remember the poor, the very thing I had been eager to do all along.

---

3. Let's Learn the Big Idea!

Big Idea: "All means all"

What this means is that the Gospel and God's love is for all people. It does not matter where you are from, what your past is, what mistakes you have made, what you are good at or not good at, what you look like, God loves you and wants you to be a part of His family!

Teach in 3 simple lines (repeat together several times) :

1. All
2. Means
3. All!

---

4. Let's Sign the Verse! (Teach Simple Signs)

From our Bible passage today, we will practice a key part of the scripture.

"God does not show favoritism" from verse 6

This part of the verse is so meaningful! God does not have favorites; He loves all people. People with different skills, talents, languages, looks, interests, backgrounds! Let's practice our verse together to remember that God loves everyone and does not have favorites!

1. **God–** point up
2. **Does not–** cross arms to make an "x"
3. **Show favoritism–** make an equal sign with your hands or arms

---

5. Let's Talk About It! (Discussion Questions)

Use Yes/No or Thumbs Up/Down questions:

- Does God love everyone?
- Does Jesus care about all people?
- Can anyone be part of God's family?
- Who does God love? (everyone)
- Jesus came for who? (all people)

6. Let's Make a Craft!

Supplies:

- construction
- paper squares
- markers
- stickers
- tape/stapler

Let's do a craft together! Do you remember our Big Idea today? Yes, that all means all! We all belong in God's family. We are all important pieces in His family, and He loves each of us.

Has anyone seen a quilt before? A quilt is a very cool blanket that is made of many squares. Each square is sewn together to make the blanket. Each square is important; each square is needed together to make the whole blanket/quilt work. This can remind us that God made each of us unique, and everyone matters to Him! I will give each of you a square or two to decorate for our quilt, then we will put them together to make one big quilt!

---

7. Let's Pray Together!

Ask if anyone has any prayer requests.

Let's pray together. Dear Jesus, thank you for bringing us together today. Thank you for each person in our group and how you uniquely made each of us. Thank you for loving everyone. Help us share Your love to those around us. Amen

---

8. Next Step

It was amazing continuing our study of Galatians together! This week, I hope you can remember that all means all! God loves everyone and we can all be part of His family!



Week 6: August 9, 2026 – Freedom from Religion

Main Scripture – Galatians 2:11–21

Big Idea: We cannot earn salvation!

1. Let's Say Hello!

Say: Hey everyone! I am so happy to see you today! How was everyone's week? (verbal answers, thumbs up/down). Does anyone remember the book of the Bible we are studying this series? (thumbs up/down, yes/no) It is Galatians!

Today we will be reading and talking about how we cannot earn salvation or we cannot earn being saved from our sin.

---

2. Let's Read the Verse! (Bible Time)

When we read our Bible today, we will be reading about how the Bible teaches us that no one is perfect. Everyone sins. Everyone makes mistakes. Jesus lived a perfect life for us, died on the cross and rose again for us. The Bible teaches us that we are saved by trusting Jesus, not by what we do.

Let's read our Bible together. We will be reading Galatians 2:11–21.

11 When Cephas came to Antioch, I opposed him to his face, because he stood condemned.
12 For before certain men came from James, he used to eat with the Gentiles. But when they
arrived, he began to draw back and separate himself from the Gentiles because he was afraid
of those who belonged to the circumcision group. 13 The other Jews joined him in his hypocrisy,
so that by their hypocrisy even Barnabas was led astray.

14 When I saw that they were not acting in line with the truth of the gospel, I said to Cephas in
front of them all, "You are a Jew, yet you live like a Gentile and not like a Jew. How is it, then, that
you force Gentiles to follow Jewish customs?

15 "We who are Jews by birth and not sinful Gentiles 16 know that a person is not justified by the
works of the law, but by faith in Jesus Christ. So we, too, have put our faith in Christ Jesus that
we may be justified by faith in Christ and not by the works of the law, because by the works of
the law no one will be justified.

17 "But if, in seeking to be justified in Christ, we Jews find ourselves also among the sinners,
doesn't that mean that Christ promotes sin? Absolutely not! 18 If I rebuild what I destroyed,
then I really would be a lawbreaker.

[19] “For through the law I died to the law so that I might live for God. [20] I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me. [21] I do not set aside the grace of God, for if righteousness could be gained through the law, Christ died for nothing!”

---

3. Let’s Learn the Big Idea!

Big Idea: “We cannot earn salvation!”

What this means is that the there is nothing we can do to earn being saved from our sins. Jesus did that for us. We just need to trust in Jesus and the work He did on the cross. He lived a perfect life, died on the cross for our sins, and rose again!

Repeat each line of our Big Idea after me! (do multiple times) :

1. We cannot
2. Earn salvation

---

4. Let’s Sign the Verse! (Teach Simple Signs)

From our Bible passage today, we will practice a key part of the scripture.

“We are made right with God through faith in Jesus” from verse 16

This part of the verse is so wonderful! We are forgiven and made new not by anything we do or by our own power, but through our faith and trust in who Jesus is and what He did for us! Let’s practice this part of scripture together.

1. **We are–** point around the room
2. **made right–** thumbs up or make a check mark in the air
3. **with God–** point up
4. **through faith–** hands on heart
5. **In Jesus–** make a cross with arms

---

5. Let's Talk About It! (Discussion Questions)

Use Yes/No or Thumbs Up/Down questions:

- Are any of us perfect?
- Did Jesus live a perfect life?
- Can we save ourselves?
- Can Jesus save us?
- Do we have to earn God's love?
- Can we trust in Jesus?

---

6. Let's Make a Craft!

Supplies:

- construction paper with cross drawn on OR cross coloring sheet
- markers
- stickers

Let's do a craft together! Do you remember our Big Idea today? Yes, that we cannot earn salvation. We can't earn it because Jesus made a way for us. Do you know how? Yes, because He died on the cross for us and rose again. We are going to decorate a cross as a reminder that Jesus did it for us.

---

7. Let's Pray Together!

Ask if anyone has any prayer requests.

Let's pray together. Dear Jesus, thank you for loving us, helping us, and saving us. Help us trust You with our whole heart, mind, and soul. We love you. Amen.

---

8. Next Step

I loved learning about our Big Idea today with each of you. I pray you remember this week that Jesus loves you so much and you do not have to earn His love!